

ADJUSTABLE HEIGHT LECTERN

NEW

Freedom One Sit-to-Stand Lectern™



Is there one perfect height for a lectern?

For a classroom used by many instructors, a variety of heights is required to meet ergonomic needs, and ADA compliance is a must.

The truth is, there is one lectern that delivers the ergonomic setting you need

Healthy Choices

Adaptable

- Adjustable-height workstation easily adjusts between seated or standing-use heights
- ADA-compliant workstation
- Both lectern and equipment rack are available as a stand alone unit
- Assemble with the lectern on the left or right side of the equipment rack

Sit to Stand Benefits

- Tall or short, sitting or standing, fit all instructors with just one lectern
- Sit-to-stand activity promotes blood circulation; potentially more oxygen gets to the brain
- To stand, you have to tense your leg muscles, and engage the muscles of your back and shoulders
- You burn 60 more calories an hour when standing versus sitting

Simply Functional

- Use the lectern as a stand-alone workstation
- Connect the lectern to the equipment rack and deploy a fully integrated lectern
- Balanced lift mechanism can be easy to use, even one handed
- Smart design with very few moving parts keeps things simple

Easy Equipment Management

- Equipment rack with audience-side and optional instructor-side locking doors simplifies integration and helps protect your valuable equipment
- Equipment rack features front and rear rack rail to manage all of your multimedia equipment
- Ventilation provides "chimney effect" airflow keeping equipment cool



Product ships mostly assembled

POPULAR OPTIONS

- 1** 97503 RACK MOUNT PULL-OUT SHELF
Useful pull-out shelf for quick access

- 2** 99033 ENLIGHTEN RACK MOUNT LIGHT
Halogen light with 12" flexible goose neck

- 3** 97514 RACK MOUNT DRAWER
A handy place to store AV controllers and teaching aids

- 4** 97513 RACK MOUNT BLANK
Eliminate gaps between rack mount equipment

- 5** 97515 RACK MOUNT FILE DRAWER
Great for file folders and comes with file hangers

- 6** 99021 9-OUTLET RACK MOUNT POWER STRIP
The power hub for all your rack equipment

- 7** 99043 COVE POWER MODULE
AC and USB power at your fingertips

- 8** 55356 FREEDOM ONE KEYBOARD TRAY
Convenient slide-out tray

- 9** 68152 36"H SOLID LOCKING DOOR
68153 36"H CLEAR ACRYLIC LOCKING DOOR
Doors can be mounted to be hinged from the left or right side. Available in black or silver sparkle

- 10** 68204 Flip-Up Shelf
Handy shelf adds worksurface when needed
(For use with full lectern only. Cannot be used with stand alone equipment rack.)



55355 FMBTW
(includes 55366,
55367, 55368)



68153 B



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55368 FMSTW

55366 FMSTW



THE LECTERN AND EQUIPMENT RACK CAN BE BOLTED TOGETHER OR USED SEPARATELY PROVIDING MORE LAYOUT POSSIBILITIES

Mobile Computing Solutions

See full specs at www.spectrumfurniture.com.

DESIGN SPECS

WORKSTATION 34"W x 30"D x 30" - 42"H - casters (TW)
34"W x 30"D x 29¹/₄" - 41¹/₄"H - glides (G)

EQUIPMENT RACK 21"W x 30"D x 39⁵/₃₂"H - casters

RACK UNITS 36 standard rack units, 18 rack units instructor side, 18 rack units audience side

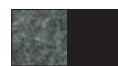
COLORS Standard color combinations



Wild Cherry & Black (CHB)



Fusion Maple & Black (FMB)



Indigo Organix & Black (IB)



Indigo Organix & Silver Sparkle (IS)



Fusion Maple & Silver Sparkle (FMS)

AVAILABLE MODELS

55355 TW or G Freedom One Lectern (Includes lectern, equipment rack, and unit-to-unit connector kit)

55368 TW or G Freedom One STS Lectern

55367 Freedom One Unit to Unit Kit

55366 TW or G Freedom One Equipment Rack

Note: 55366 and 55368 ship with both twin wheel casters and glides