

ADJUSTABLE HEIGHT LECTERN

## Freedom Lectern XRS™



### Freedom to sit or stand

The height-adjustable worksurface brings ergonomic benefits to every presenter.

### Xtreme Rack System

Integrate the Rack Cube on a workbench

## Height-adjustable Worksurface

### Fit Your Style

- Slide in rack cube can be ordered on the left or right side of the lectern
- Adjustable-height workstation easily adjusts between varying seated or standing-use heights
- Optional monitor arm can be repositioned for each user

### Adjustable for Health

- Tall or short, sitting or standing, fit all instructors with just one lectern
- Sit-to-stand activity promotes blood circulation; potentially more oxygen gets to the brain
- To stand, you have to tense your leg muscles, and engage the muscles of your back and shoulders
- You burn 60 more calories an hour when standing versus sitting

### Functional

- There is so much legroom that the Freedom Lectern is ADA-compliant
- Push button worksurface height adjustment
- The Overbridge Control Console™ (OCC) places the room and AV controls on the desk top
- Includes provisions for any multimedia environment

### Tech Management

- Quick-release door hinges allow the door to be removed for easier equipment access
- Multiple cable grommets keep wires and cords organized and tidy
- A comfortable setting with a powerful delivery

# Optimize Your Lectern

## POPULAR OPTIONS

- 1 95512 **FLAT PANEL MONITOR ARM**  
Easily adjustable LCD screen positioning (not shown, see mounted on lectern on page 16)
- 2 55313 **SLIDE-IN RACK CUBE**  
The cube adds 11 RU and can be assembled and integrated on a workbench to improve work flow
- 3 97510 **RACK MOUNT BLANK**  
Eliminate gaps between rack mount equipment
- 4 97514 **LOCKING RACK MOUNT DRAWER**  
A handy place to store controller and teaching aids
- 5 97504 **RACK MOUNT CANTILEVER SHELF**  
Provides robust 50 lb weight capacity
- 6 99021 **9-OUTLET RACK MOUNT POWER STRIP**  
The power hub for all your rack equipment
- 7 55301 **FLIP-UP SHELF**  
A handy, versatile shelf with a 50 lb weight capacity
- 8 55302 **PULL-OUT WORK SHELF**  
Adds additional work space or holds a keyboard
- 9 55303 **LOGO PANEL**  
Create your brand by adding a personalized logo panel




55287 FMBTW



Integration/Presentation Products

## SPECIFICATIONS

See full specs at [www.spectrumfurniture.com](http://www.spectrumfurniture.com).

DESIGN SPECS	AVAILABLE MODELS
LECTERN DIMENSIONS 62"W x 30"D x 31" - 40"H (to worksurface)	55285 Freedom XRS - Right-hand Rack Rail with (OCC)
RACK UNITS 11 standard rack units	55286 Freedom XRS - Left-hand Rack Rail with (OCC)
RACK CUBE UNITS 11 front and 11 rear (cube units replace standard)	55287 Freedom XRS - Right-hand Rack Rail
OVERBRIDGE CONTROL CONSOLE™ (OCC) OCC is always located above rack cabinet. Work space between front of OCC and front edge of worksurface: 15 <sup>9</sup> / <sub>16</sub> "D	55288 Freedom XRS - Left-hand Rack Rail
BASE CHOICES 3" swivel locking Twin-Wheel (TW) casters Toe Kick (TK)	96504 B Overbridge Control Console™ (OCC) Insert Panel must be ordered separately and includes up to 2 cutouts (specify position and size)
COLORS Standard color combinations	
 Wild Cherry & Black (CHB)    Fusion Maple & Black (FMB)    Indigo Organix & Black (IB)	

